# ARTHRITIS ALLIANCE OF CANADA NEWSLETTER

August 2014

Inside this issue:
Arthritis Alliance of Canada
2 <sup>nd</sup> Annual Conference and
Research Symposium1
Member's Corner
Arthritis Consumer Experts2
The Arthritis Society
National2
BC & Yukon3
Canadian Arthritis Patients
Alliance (CAPA)3
Canadian Association of
Occupational Therapists
(CAOT)3
Canadian Orthopaedic Foundation
(COF)3
McCaig Institute for Bone and Joint
Health4
Ontario Rheumatology Association
(ORA)4
Community Updates
Canadian Rheumatology
Administrative Data (CANRAD)
Network5
Osteoporosis5
Calendar of Events5
About the Arthritis Alliance5

### ARTHRITIS ALLIANCE OF CANADA

2<sup>nd</sup> Annual Conference and Research Symposium

"Arthritis Unmasked: Genetics, Treatments and Partnerships"

Our 2014 program features:

- Friday, October 31st, full day Research Symposium with special guests and 2014 Canada Gairdner International Laureates, Dr. Marc Feldmann and Dr. Ravinder Nath Maini, for their ground breaking discovery of anti-TNF therapy in the treatment of rheumatoid arthritis (RA) and other inflammatory diseases;
- "Arthritis Unmasked" Gala and Awards dinner on Friday evening;
- Dedicated workshops Thursday and Saturday;
- Access to close to 250 of Canada's leading researchers, rheumatologists, healthcare practitioners and decision makers, advocates, people living with arthritis and other stakeholders;
- Arthritis Society Trainee Workshop, Wednesday-Thursday;
- And much more!

For more information visit: http://arthritisalliance.ca

or contact Lina Gazizova for program information and registration for the conference at:

lgazizova@arthritisalliance.ca





### MEMBER'S CORNER

### ARTHRITIS CONSUMER EXPERTS

Arthritis Consumer Experts is currently conducting a JointHealth™ Program Satisfaction and Interest survey. Based on our subscribers and network's valuable input, ACE will enhance its programs, activities and communications tools. ACE is measuring how well it's meeting the information needs of people living with arthritis, providing consumers the opportunity to make suggestions for what they would like to see in future JointHealth™ programming.

The survey includes specific questions for people living with arthritis and their caregivers and for rheumatologists and allied health professionals who specialize in arthritis. ACE sincerely thanks everyone for taking the time to help us work toward improving ACE's JointHealth<sup>TM</sup> programs and related projects for Canadians living with arthritis.

### **ArthritisID and ArthritisID PRO apps**



Arthritis Consumer Experts and the Arthritis Research Centre of Canada have completed to the ArthritisID and ArthritisID PRO apps – just in time for Arthritis Awareness Month in Canada in September. ACE has improved the way information is visualized on the screen and added more links to resources that will provide consumers and healthcare professionals with relevant information about topics that you care about. ArthritisID and ArthritisID PRO, available in English and French, do not require an Internet connection to operate. Download the ArthritisID app and ArthritisID PRO app now and share the app with a friend in the "Tell a friend" feature.

### THE ARTHRITIS SOCIETY

### **NATIONAL**

### Pharmacists to Receive Specialized Education Program on Arthritis Management

The Arthritis Society is proud to announce that August 12<sup>th</sup> marks the launch of a new online education program through which pharmacists can receive specialized training and certification that allows them to offer a wider range of tailored consultations to Canadians living with arthritis. A key aspect of the Society's Erase the Pain campaign, the program marks a major step forward in supporting improved arthritis care in communities from coast-to-coast.



For a one-year period, this program will be uniquely available to Guardian, I.D.A., PROXIM and the Medicine Shoppe pharmacy professionals across Canada. For more details, please check out <u>the video news release</u>.



## **MEMBER'S CORNER**

### **Getting Ready for Arthritis Awareness Month**

September, Arthritis Awareness Month (AAM) will soon be upon us, and this year's campaign will feature a full slate of announcements from The Arthritis Society. In addition to a wide range of local events taking place across the country, we'll have a steady stream of announcements touching on all aspects of our mission. On September 2, please keep an eye out for a Globe and Mail ad launching AAM and promoting five voices of arthritis, featuring media icon Lloyd Robertson. Please visit <a href="http://www.arthritis.ca/september">http://www.arthritis.ca/september</a> throughout the month for more details.

### **BC & YUKON DIVISION**

### **Arthritis Answers**

Our Arthritis Answers Line gives help and information about arthritis, and continues to be a well-used resource for people living with the disease. Our specially trained volunteers are so much more than just a voice on the line. They offer valuable information and emotional support and are able to talk about education and services available, and make suggestions that can make a difference to someone's experience. Our Arthritis Answers Line is open Monday to Friday between 10am – 4pm, and in the last year alone, received over 3800 calls. The toll free number is 1 800 321 1433, and in Vancouver, 604 875 5051. People are also welcome to email info@bc.arthritis.ca.

# CANADIAN ARTHRITIS PATIENT ALLIANCE (CAPA) Arthritis Patient Charter

The Canadian Arthritis Patient Alliance (CAPA) is pleased to announce the release of an Arthritis Patient Charter in time for September, Arthritis Month. The Charter, its history, and the original Arthritis Patient Bill of Rights and its history can be found on CAPA's website here: <a href="http://arthritispatient.ca/projects/arthritis-patient-charter/">http://arthritispatient.ca/projects/arthritis-patient-charter/</a>, and postcard and poster versions will be available in rheumatology clinics. We thank all Canadian arthritis stakeholders for their input to and support for this project.



### CANADIAN ASSOCIATION OF OCCUPATIONAL THERAPISTS (CAOT)

CarFit Event Technician & Coordinator Training – Toronto, Ontario - Thursday, September 18 2014

CarFit is a community-based education program that offers older drivers the opportunity to discover how well their cars "fit" them so they can become both safer and more comfortable behind the wheel.

This workshop is designed to train participants to take on the important role of CarFit Event Technician and Coordinator. CarFit is a community-based education program that offers older drivers the opportunity to discover how well their cars "fit" them so they can become both safer and more comfortable behind the wheel. The CarFit technician reviews the 12-point CarFit checklist with participants and promotes CarFit priorities and goals. Click here to register:

https://www.caot.ca/store/events/registration.aspx?event=WS140918



# **MEMBER'S CORNER**

#### McCAIG INSTITUTE FOR BONE AND JOINT HEALTH

The McCaig Institute for Bone and Joint Health is thrilled about its members and trainees' recent achievements. Tannin Schmidt, PhD was awarded a Canada Research Chair in biomaterials. His research contributes to understanding lubrication around the knee joint and eye and the creation of new biomaterials to address lubrication issues. Trainees Kristen Barton and Claire Barber, MD were awarded Vanier Canada Graduate Scholarships. Kristen's research involves controlling inflammation after ACL injury and the impact on the development of osteoarthritis. Claire's research develops and tests cardiovascular quality indicators for rheumatoid arthritis.

The McCaig Institute will spend arthritis month raising awareness of the impact of bone and joint research. Partnering with TELUS Spark, we are hosting "Expressions of Arthritis": a creative workshop designed for children with juvenile arthritis. At our "Meet an Innovator" event members of the public will see bones and joints through our lens with hands-on displays and demos. This year's Wood Forum will focus on Innovations in Juvenile Arthritis and will take place in Calgary and Edmonton. This event gives people in our community the chance to speak directly to experts. <a href="http://www.mccaiginstitute.com">http://www.mccaiginstitute.com</a>.

### ONTARIO RHEUMATOLOGYASSOCIATION (ORA)



The ORA Models of Care Committee and the Ontario Pharmacists Association have partners together to strengthen inter-professional communication and collaboration to enhance and optimize the quality of care for their patients

Since 2007, pharmacists in Ontario have been conducting OHIP-covered patient medication reviews for any individual on three or more chronic prescription medications. This medication review is referred to as a MedsCheck. Subsequent to the MedsCheck consultation a personalized list of all current medications is prepared for the patient. Any therapeutic concerns arising from the MedsCheck are addressed with appropriate healthcare providers. Identifying drug interactions, medication duplication, adherence and smoking cessation are some examples.

In this new partnership, rheumatologists are encouraged to direct newly referred patients to community pharmacists to receive a MedsCheck prior to their initial appointment. Pharmacists can expect to receive directed patient referrals from rheumatologists for a MedsCheck. Patient will have an accurate and up-to-date MedsCheck Personal Medication Record for their visit with their rheumatologist.

Complexity of care and declining rates of medication adherence are significant and frequent challenges that are well-known to physicians and pharmacists. Increased collaboration between rheumatologists and pharmacists will help demystify complex treatment regimens, facilitate message consistency and foster greater rates of medication adherence while simultaneously streamline communications and strengthen relationships between busy health professionals.



## **Community Updates**

### CANADIAN RHEUMATOLOGY ADMINISTRATIVE DATA (CANRAD) NETWORK

The CANRAD Network team includes a variety of decision makers, epidemiologists, clinicians and researchers interested in the use of administrative data for rheumatic disease research. Stay tuned for a series of exciting webinars beginning in the fall. For more information pertaining to the CANRAD Network please contact Autumn Neville autumn.neville@clinepi.mcgill.ca

### **OSTEOPOROSIS CANADA**

### **Beyond the Break**

Module 6: Long Term Bisphosphonates Use

Benefits and Concerns

Presented by Dr. Aliya Khan, MD, FRCPC, FACP,

McMaster University

Friday, September 19, 2014 (12-1pm ET)

Register at: <a href="http://www.osteoporosis.ca/health-care-professionals/beyond-the-break/">http://www.osteoporosis.ca/health-care-professionals/beyond-the-break/</a>

r of Events	
August 26-30, 2014	Charlottetown, PEI
August 15-16, 2014	Santa Fe, New Mexico, USA
September 21-23, 2014	Québec, QC
September 18, 2014	Toronto, ON
September 19, 2014	Hamilton, ON
September 21-26, 2014	Hyderabad, India
October 12-15, 2014	Houston, TX
October 23-25, 2014	Québec, QC
Oct 30-Nov 1, 2014	Toronto, ON
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14-19 November 2014	Boston, MA
	August 26-30, 2014  August 15-16, 2014  September 21-23, 2014  September 18, 2014  September 19, 2014  September 21-26, 2014  October 12-15, 2014  October 23-25, 2014  Oct 30-Nov 1, 2014

### ABOUT THE ARTHRITIS ALLIANCE OF CANADA

With more than 36 member organizations, the Arthritis Alliance brings together arthritis health care professionals, researchers, funding agencies, governments, voluntary sector agencies, industry and, most importantly, representatives from arthritis consumer organizations from across Canada. While each member organization continues its own work, the Alliance provides a central focus for national arthritis-related initiatives.

For more information about the Arthritis Alliance, please contact:

Jaime Coish at jcoish@arthritisalliance.ca or visit our website www.arthritisalliance.ca

