ARTHRITIS ALLIANCE OF CANADA NEWSLETTER

January 2014 Happy New Year!

Arthritis Alliance of Canada

Alliance de l'arthrite du Canada

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THE ARTHRITIS ALLIANCE OF CANADA

Working together, stakeholder engagement and commitment to improving the lives of those living with arthritis has been fundamental to the success of AAC initiatives.

Building on the success of the November 2013 Inaugural Conference and Research Symposium and the presentation of the Alliance's National Inflammatory (IA) Model of Care (MOC), the AAC is eager to continue to advance the initial priorities set out in the National Framework.

In 2014-15, the AAC is looking forward to another great year of collaborations and accomplishments, including:

- Implementing the National Inflammatory (IA) Model of Care Pathway and Toolkit
- Developing a set of core performance measures for the evaluation

of IA Care and the health system

- Using the IA Model to shape the development of an Osteoarthritis model of care. (co-chaired by Drs. Cy Frank and Gillian Hawker and Doug Thompson)
- With our provincial advocacy teams, engaging stakeholders in the Models of Care implementation and evaluation;
- Preparing quarterly 'hot topics' position papers to address high priority issues brought forth by Alliance members
- Hosting a 2nd Annual AAC Conference with dedicated working sessions for targeted outcomes

MEMBER'S CORNER

ARTHRITIS CONSUMER EXPERTS

Arthritis Consumer Experts (ACE) is preparing to launch the 7th edition of its annual JointHealth™ Report Card on Provincial Formulary Reimbursements for Biologic Response Modifiers. The Report Card ranks publicly funded medication formularies based on the number of medically necessary biologic arthritis medications they list. Canadians can compare their province's ranking to the rest of Canada, making the provinces accountable to residents living with autoimmune form or arthritis. Several years ago, there were only four medications and four the rest of Canada.

disease types on ACE's radar. There are now 10 biologics for seven forms of arthritis. If you would like to receive a print version of the Report Card, please call us at (604)974-1366 or send a request to info@jointhealth.org or find it online.

ARTHRITIS RESEARCH FOUNDATION

On Sunday, March 2, 2014, help bring the Power of Movement to the 4.6 million people living with arthritis and autoimmune diseases by doing yoga. For information visit the website www.powerofmovement.ca. See you on the mat! Like us on Facebook and/or follow us on Twitter PowerofMovement.



THE ARTHRITIS SOCIETY

NATIONAL

Courtesy of a two-year CIHR grant, The Arthritis Society teamed with Memorial University to transform its "Getting a Grip on Arthritis" program into an online professional development tool – set to go live in coming weeks. Canadian arthritis experts helped shape "Grip", which addresses the challenge faced by primary health care providers in accessing up-to-date information on optimal arthritis care. The online Grip program targets osteoarthritis and rheumatoid arthritis care, complete with materials on medication, rheumatology referrals, exercise, nutrition and finding additional support. The Arthritis Health Professions Association will recognize Grip's shift online with a 2013 Clinical Innovations Award in late February.

BONE AND JOINT CANADA

BJC Funding for a National Model of Care for Low Back Pain

Bone and Joint Canada (BJC) is pleased to announce that it has received funding to develop a National Model of Care for Low Back Pain (LBP). Canadian patients with LBP face a myriad of healthcare options, with little or no collaboration between providers, often leading to uncoordinated, fragmented and episodic care with little to no value. The current evidence strongly suggests that optimal back pain management requires a model of care incorporating coordinated chronic condition management strategies. Over the last few years a number of provinces have developed models of care for LBP. BJC will leverage the lessons learned in these provinces to develop a national model that addresses evidence based care, system design, policy and education. For further information please contact Rhona McGlasson at Rhona.McGlasson@bell.net.

CANADIAN ARTHRITIS NETWORK

Creating Positive Workplaces for People Living With Chronic Illness including Arthritis

Chronic illnesses, like arthritis, are sometimes referred to as "episodic" or "invisible diseases" because symptoms are often intermittent and not always apparent to others. As a result, this can lead to common misconceptions about employees' work performance. Institute of Work and Health Associate Scientific Director and Senior Scientist Monique Gignac was interviewed for HRM Online to share her research on these misconceptions, and how employers create a more positive and supportive work environment. Dr Gignac was also interviewed by the Kingston Whig-Standard. There are upcoming articles in HR.com and BenefitsCanada.com.

CANADIAN ASSOCIATION OF OCCUPATIONAL THERAPISTS

NEW CAOT RESOURCES: Occupational Therapy, Alzheimer's Disease and Dementia

Alzheimer's disease is a fatal, progressive and degenerative disease that destroys brain cells. It is the most common form of dementia, accounting for 64 per cent of all dementias in Canada. Symptoms include difficulty remembering things, making decisions and performing everyday activities. Click here to read more.



Community Updates

ADVANCED CLINICIAN PRACTITIONER IN ARTHRITIS CARE (ACPAC) PROGRAM

The ACPAC Program is pleased to announce their full academic affiliation with the Department of Continuing Education and Professional Development, Faculty of Medicine, University of Toronto. The program has secured funding from the MOH in Ontario, in partnership with The Arthritis Society and industry, to support the next five years of program. The program is currently offered for Physical Therapists, Occupational Therapists and Nurses experienced in arthritis care. Applications for 2014-2015 are accepted until Friday May 16, 2014. For more information about the program please visit http://www.chronicdiseases.ca/arthritis.

****Please note prerequisite courses and respective deadlines*****.

RECOGNIZING EXCELLENCE AMONG FAMILY DOCTORS

A unique new award by BC College of Family Physicians is looking to recognize excellence among family doctors. The new award, "My Family Doctor", is unlike other awards which are all based on peer nomination. In this case, the award will be based on nominations from patients who wish to recognize their own family doctors. If you value your relationship with your family doctor and want to recognize them for the impact they have made in your life or that of a family member, the BC College of Family Physicians (BCCFP) wants to hear your story. The first annual award will be given out in June, 2014 at the Family Medicine Conference. Both the doctor and the patient involved in the winning submission will receive all-expenses paid travel to attend the event in Vancouver. For more information or to submit a nomination, please visit www.bcfamilyphysicians.com.

CANADIAN CONNECTIVE TISSUE CONFERENCE

The annual Canadian Connective Tissue Conference (CCTC) serves as a vehicle to integrate a basic science and clinical understanding of connective tissues in health and disease, with an emphasis on bone, cartilage, musculoskeletal tissue and skin. The objectives of this conference are to provide and share new knowledge to improve connective tissue health through research, facilitate interactions and collaborations among scientists across multiple fields, and to provide networking opportunities to junior scientists, post-doctoral fellows and graduate students. The 20th CCTC conference will take place at the Delta Armories in London, Ontario from June 9th-10th, 2014. For details, see http://connective-tissue-canada.com/cctc-2014/

OSTEOPOROSIS CANADA

Beyond the Break – Winter/Spring 2014

Osteoporosis Canada and Women's College Hospital have collaborated on the development of an interprofessional education series, "Beyond the Break" presented via telemedicine. Targeted towards health professionals working with people living with osteoporosis, this modular series is designed to provide updates on the latest advances in recognition, diagnosis, treatment and education on osteoporosis.

Module 1 of 5: Fracture Risk Assessment

Part 1: The Importance of a Comprehensive Fracture Risk Assessment

Date: January 30, 2014

Speaker: Angela Cheung, MD, PhD, FRCPC, University of Toronto **Part 2: Fracture Prevention Strategies in the Orthopaedic Environment**

Date: February 21, 2014

Speaker: Victoria Elliot-Gibson, St. Michael's Hospital, Mobility Program - Research Coordinator

To register for upcoming presentations, please visit the Beyond the Break web page at http://www.osteoporosis.ca/health-care-professionals/beyond-the-break/



CANRAD NETWORK

We will be holding our annual CANRAD Network meeting on Wednesday, February 26th, 2014 from 10AM until 1PM in Whistler, BC, coinciding with the CRA Annual Scientific Meeting. The meeting will take place at the Fairmount Chateau Whistler and will be attended by members of our CANRAD team of decision makers, epidemiologists, clinicians and researchers. For an agenda and more information please visit us at http://www.canradnetwork.ca/events/canadian-rheumatology-association-2014-cra-2014-2/



Calendar of Events

| Registered Nurses Association - Annual Nurse | February 9-12, 2014 | TBD | |
|--|------------------------|--------------------|-------|
| Executive Leadership Academy Inflormatory Powel Diseases, 9th Congress of the | Echmique, 20, 22, 2014 | Comanhagan Danmar | 1- |
| Inflammatory Bowel Diseases, 9th Congress of the European Crohn's and Colitis Organisation | February 20-22, 2014 | Copenhagen, Denmar | K |
| Canadian Rheumatology Association Annual Scientific Meeting & AHPA Annual Meeting | Feb 26-Mar 1, 2014 | Whistler, BC | |
| Power of Movement | March 2, 2014 | Nation wide | |
| Inflammation, Infection and Cancer | March 9-14, 2014 | Whistler, BC | |
| American Association of Orthopaedic Surgeons | March 11-15, 2014 | New Orleans, LA | |
| Annual Meeting | · | · | |
| Orthopaedic Research Society Annual Meeting | March 15-18, 2014 | New Orleans, LA | |
| Innate Immunity, Metabolism and Vascular Injury | March 23-28, 2014 | Whistler, BC | |
| Society of Rural Physicians of Canada - 22nd Annual Rural and Remote Medicine Course | March 27-29, 2014 | Banff, BC | |
| Ontario Physiotherapy Association - Inter-Action | March 28-30, 2014 | Mississauga, ON | |
| Canadian Foundation of Healthcare Improvement | April 3-4, 2014 | Ottawa, ON | |
| - Taming of the Queue | ., <u>-</u> 01. | 3 tta // a, 31 v | |
| OARSI World Congress on Osteoarthritis | April 24-27, 2014 | Paris, France | |
| Canadian Conference on Medical Education 2014 | April 26-29, 2014 | Ottawa, ON | |
| Pediatric Orthopaedic Society of North America AGM | April 30-May 3, 2014 | Hollywood, CA | |
| Canadian Orthopaedic Nurse Association Conference | May 4-7, 2014 | Calgary, AB | |
| GTA Rehab Network - Best Practices Day | May 5, 2014 | Toronto, ON | |
| Saskatchewan Health Quality Council Inspire: | May 6-8, 2014 | Saskatoon, SK | |
| Health Care Quality Summit | • | | |
| Canadian Association of Occupational Therapists | May 7-10, 2014 | Fredericton, NB | |
| Annual Conference Primary Care Today Conference | May 7-10, 2014 | Toronto, ON | |
| • | • | Tremblant, QC | |
| Laurentian Conference of Rheumatology Clobal Symmitteen the Physical Activity of Children | May 8-10, 2014 | | |
| Global Summit on the Physical Activity of Children | May 19-22, 2014 | Toronto, ON | |
| Canadian Pain Society's 35th Annual Scientific Meeting | | Quebec City, QC | |
| Ontario Rheumatology Association AGM | May 23-25, 2014 | Muskoka, ON | |
| Canadian Pharmacists Association Conference | May 21-June 3, 2014 | Saskatoon, SK | |
| Canadian College of Health Leaders and Canadian | June 2-3, 2014 | Banff, AB | |
| Healthcare Association - Raising the bar: A critical | | | |
| time for bold leadership | T 0 10 2014 | L 1 ON | |
| Canadian Connective Tissue Conference | June 8-10, 2014 | London, ON | |
| EULAR - European League Against Rheumatism | June 11-14, 2014 | Paris, France | |
| Canadian Nurses Association Biennial Convention | June 16-18, 2014 | Winnipeg, MB | |
| International Conference with FIMS (International | June 17-21, 2014 | Québec, QC | |
| Sport Medicine Federation) | | | \ \ (|

| Canadian Orthopaedic Association AGM | June 18-21, 2014 | Montréal, QC |
|--|------------------------|--------------------|
| Canadian Physiotherapy Association National Congress | June 19-22, 2014 | Edmonton, AB |
| Canadian Paediatric Society Annual Conference | June 25-28, 2014 | Montréal, QC |
| 9th Annual Summer Obesity Boot Camp | July 19-27, 2014 | Edmonton, AB |
| Council of the Federations (COF) - 2014 Council of | August 26-30, 2014 | Charlottetown, PEI |
| the Federation Summer Meeting | | |
| American Society for Bone & Mineral Research | October 12-15, 2014 | Houston, TX |
| Canadian Association of Critical Care Nurses - | September 21-23, 2014 | Québec, QC |
| Dynamics of Critical Care Conference | | |
| Cochrane Collaboration Colloquium | September 21-26, 2014 | Hyderabad, India |
| Quebec Rheumatology Association | October 23-25, 2014 | Québec, QC |
| AAC's 2nd Annual Conference | October 30-Nov 1, 2014 | TBD |
| American College of Rheumatology Annual Meeting | 14-19 novembre 2014 | Boston, MA |

Member Organizations

Alberta Bone and Joint Health Institute

Arthritis & Autoimmunity Research Centre

Arthritis Community Research & Evaluation Unit

Arthritis Consumer Experts

Arthritis Health Professions Association

Arthritis Research Centre of Canada

Arthritis Research Foundation

The Arthritis Society

Bone and Joint Canada

Canadian Alliance of Pediatric Rheumatology

Investigators

Canadian Arthritis Network

Canadian Arthritis Patient Alliance

Canadian Academy of Sports and Exercise

Medicine

Canadian Association of Occupational Therapists

Canadian Chiropractic Association

Canadian Obesity Network

Canadian Orthopaedic Association

Canadian Orthopaedic Foundation

Canadian Physiotherapy Association

Canadian Rheumatology Association

Canadian Society for Exercise Physiology

Canadian Spondylitis Association

Cochrane Collaboration

Consumer Advisory Board of the Arthritis

Research Centre of Canada

Consumer Advisory Council of the Canadian

Arthritis Network

Institute for Work and Health

McCaig Institute for Bone and Joint Health

Patient Partners

Member Companies

AbbVie Corporation

Amgen Canada Inc.

Hoffmann -La Roche Limited

Janssen Inc.

Pfizer Canada Inc.

UCB Canada Inc

Want to help?

You can help and get involved by:

- Visiting www.ArthritisAlliance.ca
- Sending promotional material (Joint Action Executive Summary, website information) to your friends, family and colleagues
- Providing feedback. Give us your ideas
- Giving us an update to share with the group
- Telling us about your upcoming events, initiatives, and announcements that are aligned with the Framework
- Helping us to promote Joint Action on Arthritis
- Telling our story and telling yours
- Telling your friends and family
- Writing and calling your local MP/MPP, your Premier, Minister of Health, etc.
- Sharing on Twitter, Facebook, and other social media channels

THE ARTHRITIS ALLIANCE NEEDS TO HEAR YOUR SUCCESSES, STORIES AND PROJECTS THAT WILL SUPPORT THE FRAMEWORK EFFORT. IF YOU WOULD LIKE YOUR ORGANIZATION TO BE FEATURED HERE, PLEASE FORWARD YOUR SUBMISSIONS TO JCOISH@MTSINALON.CA.

ABOUT THE ARTHRITIS ALLIANCE OF CANADA

The Arthritis Alliance of Canada, formerly the Alliance for the Canadian Arthritis Program (ACAP), was formed in 2002. Its goal is to improve the lives of Canadians with arthritis.

With more than 35 member organizations, the Arthritis Alliance brings together arthritis health care professionals, researchers, funding agencies, governments, voluntary sector agencies, industry and, most importantly, representatives from arthritis consumer organizations from across Canada. While each member organization continues its own work, the Alliance provides a central focus for national arthritis-related initiatives.

For more information about the Arthritis Alliance, please contact:

Jaime Coish at 416-586-4685 or <u>jcoish@mtsinai.on.ca</u>, www.arthritisalliance.ca

